



High Legh Preschool Nursery - Intimate care policy

Procedures

Intimate care is any care which involves washing, touching or carrying out an invasive procedure (such as cleaning up a child after they have soiled themselves) to intimate personal areas. In most cases such care will involve cleaning for hygiene purposes, if a specific procedure is necessary then only a person suitably trained and assessed as competent should undertake the procedure. At High Legh Preschool Nursery we believe all children have the right to be safe and to be treated with dignity, privacy and respect in relation to their bodies.

- Staff working with children will always be sensitive to each individual child's needs.
- Each child will be treated with dignity and ensure privacy appropriate to the child's age and situation
- Staff will be sensitive and responsive to the child's reactions. If a child shows a dislike to a staff member, every effort will be made to find the reason why and responsibility of intimate care will be given to another member of staff if appropriate
- Any child's concerns will be reported and recorded immediately
- Each child will be encouraged to have a positive image of their own body
- We will ensure that children are confident that their body belongs to them and that saying 'No' at any time will always be respected
- Children will access the toilet when they need to and are encouraged to be independent.

Toileting and toilet training:

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained. We see toilet training as a self-care skill that children can learn with the full support and non-judgemental concern of adults. We will work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at this time. When a child requires toileting support, we will discuss with parents the best ways to support a child's needs.

- Staff working with children will always be sensitive to each individual child's needs.
- Children who are not toilet trained should wear a 'pull up' or nappy and bring spares should they need changing during the session. They will be encouraged to take an interest in using the toilet when parents and keypersons and have agreed it is appropriate.
- Disposable gloves and an apron will be worn when dealing with a child who has soiled him/herself. Gloves are not always required for a wet nappy when there is no risk of infection, however gloves are available for those staff who choose to wear them.

- Spare changes of clothes should be provided in a drawstring bag and children who are toilet training should bring at least 3 changes of undergarments.
- Children will be encouraged to wash their hands after toileting and staff will ensure soap and paper towels are always present and accessible.
- Undergarments and soiled clothing will be bagged for parents to take home.
- If a child soils themselves it will be recorded with the date and time, a brief explanation of what happened and the staff member who dealt with the child. This will be kept for reference so that a parent may be informed when they collect their child.

Nappy Changing Policy:

No child is excluded from attending who may, for any reason not yet be toilet trained.

High Legh Preschool Nursery promotes independent toileting for all children. We will work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. We provide nappy changing facilities and exercise good hygiene procedures in order to accommodate children who are not, yet toilet trained. Independence We see toilet training as a self-care skill that children can learn with the full support and non-judgemental concern of adults. Children are encouraged to ask a member of staff if they need to use the toilet. This arrangement enables toileting to be more closely monitored by staff who are then on hand to assist with clothing and supervise hand washing afterwards.

Individual requirements Prior to starting at the setting will be discussed with the children's parents and they will be asked about their child's toileting needs and whether there are any special requirements such as if own wipes, cream etc. are needed. Nappies are not provided at by us. Toilet training will start upon the parent's instruction however children showing signs of being ready for toilet training are encouraged to wear pull ups so they may visit the toilet more easily if they wish.

Changing times Nappies will be changed whenever soiled or before lunchtime whichever is sooner. Children attending all day will also be checked before afternoon snack-time and changed before going home.

Wherever possible a child's key person will be responsible for changing soiled clothing or a child's nappy.

To ensure good levels of hygiene in the changing room are maintained there are procedures that must be carried out by all staff members.

(Please see nappy changing routine for more extensive information)

Safeguarding

Only staff members who have completed all the relevant checks and are suitable to work with children will be permitted to assist with a child's toileting needs and carry out any intimate care needs that a child may have. Students will only be able to carry out intimate care procedures under supervision of a member of staff and will never be left unattended with a child. Visitors or volunteers will not be permitted in the bathroom area whilst children are using the area. When a child's nappy or clothing is changed, details are recorded on the toileting sheet. The date, child's name, time of nappy or clothing change and a brief description if a child is toileting training will all be recorded and signed by the staff member who changed the child.